

Senior Times

The Voice of the Hubbardston Senior Center

April 2022

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THE SENIOR CIRCUIT BREAKER TAX CREDIT

Are you aware of the Senior Circuit Breaker Tax Credit? This is a highly effective property taxbased credit, established by the legislature in 2001 to provide financial relief for low and moderate income seniors ages 65 and over. This credit could put up to \$1,170 back in the pockets of our senior citizens. Eligibility requirements are:

- You or your spouse must be 65+ as of January 1, 2022
- You must rent or own a home in Massachusetts
- If you're a homeowner, our property's assed value cannot be greater than \$884,000
- Your total income cannot be greater than \$62,000 (single), or \$78,000 (head of household, or \$93,000 (filing jointly)

The credit is also retractive for 3 years, so taxpayers eligible for the 2021 credit may also be in line of credits for pervious tax years.

You can find much more helpful information on the Senior Circuit Breaker Tax Credit on mass.gov/dor.

WHAT YOU CAN DO TO AVOID A SCAM:

- 1. BLOCK UNWANTED CALLS AND TEXT MESSAGES
- 2. DON'T GIVE YOUR PERSONAL OR FINANCIAL INFORMATION IN RESPONSE TO A REQUEST THAT YOU DIDN'T EXPECT
- 3. RESIST THE PRESSURE TO ACT IMMEDIATELY
- 4. KNOW HOW SCAMMERS TELL YOU TO PAY (EX: NEVER PAY SOMEONE WHO INSISTS YOU PAY WITH A GIFT CARD OR BY USING A MONEY TRANSFER SERVICE. NEVER DEPOSIT A CHECK AND SEND MONEY BACK TO SOMEONE
- 5. STOP AND TALK TO SOMEONE YOU TRUST

REPORT SCAMS TO THE FEDERAL TRADE COMMISSION AT REPORTFRAUD.FTC.GOV

Contact the Police Department (978) 928-1400 x100

April 16, 2022 Annual Town Wide Cleanup Dumpster will be available at the Curtis Recreation Field from 8 a.m. to noon. Pick up the trash in your area in an effort to clean up our Town! Get rid of your electronics! Bottle & can drive too! Don't Tell Mom-but we're serving

Pie for Breakfast

Saturday, April 30, 2022



9:00—11:30 A.M. Suggested donation \$8.00 pp Proceeds benefit outdoor space at the Senior Center Sponsored by COA

Annual

Easter Egg Hunt

April 9, 2022 11:00 a.m. Curtis Rec Field Rain date April 10, 2022 Bring your own basket and take pictures with the Easter bunny!





Girl Scout annual bottle and can drive.

April 16th from 8 a.m. to noon at the Rec Field.

Bring your returnable and support the troop! Don't forget—Píe for Breakfast event on Apríl 30th. And ít's not just quíche! Apple píe, custard píe, blueberry, chocolate cream, mínce, cherry, and more.

Tickets available at the Senior Center

Suggested donation \$8.00 pp

Event supports the building of outdoor space for the Senior Center.

Community Services and Information

- **SHINE**—Counselor available. Call Senior Center to make appt or to discuss over the phone with Shine counselor.
- Community Legal Aid of Central MA Free 855-252-5342 or www.communitylegal.org
- Food Stamp Program (SNAP) 978-965-8700
- Fuel Assistance-978-342-4520 (NEFWC); 978-342-9407 (Salvation Army); 877-563-4645 (Joe for Oil)
- Meals on Wheels is offered Tuesday and Thursday. Call 978-928-1400 x211 to sign up.
- Central MA Agency on Aging 508-852-5539



TRANSPORTATION

Call or leave a message for Sharon at 207-710-1777

If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding weekends)

Please give her the following information:

- Time and location you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished

Medical Appointments: Available as needed

• Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after having any major medical procedures.

Shopping: Available as needed

Anyone wanting to attend special event meals at the Senior Center, please call ahead. The van driver will give you a ride to the Senior Center and then back home free of charge.

If you have any questions or concerns regarding the MART van services, please call Sharon @ 207-710-1777 or 978-928-1400 ext 210.

April 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat		
					1 Paint Class 9 Pitch Party 6:30	2		
3	4 Coffee with Friends 9 Wii-Bowling 9 Bingo 12:30	5 Walk Club 9 Knitting 10 Singing 1:30	6 Coffee with Friends 9 Wii Bowling 9 Golden Ages 1	7 EGGS 8:30 Walk Club 9 Crafts 10 Cribbage 1	8 Paint Class 9	9		
10	11 Coffee with Friends 9 Wii·Bowling 9 Bingo 12:30	12 Walk Club 9 Knitting 10 Singing 1:30	13 Coffee with Friends 9 Wii Bowling 9 Pitch Party 1 COA Meeting 6	14 EGGS 8:30 Walk Club 9 Crafts 10 Cribbage 1	15 Paint Class 9 Pitch Party 6:30	16 Keep Hubbardston Beautiful Girl Scouts can drive Boy Scouts electronic fundraiser		
17	18 Coffee with Friends 9 Wii·Bowling 9 Bingo 12:30	19 Walk Club 9 Knitting 10 Singing 1:30	20 Coffee with Friends 9 Wii Bowling 9 Golden Ages 1 Friends 5-6	21 EGGS 8:30 Walk Club 9 Crafts 10 Cribbage 1	22 Paint Class 9	23		
24	25 Coffee with Friends 9 Wii-Bowling 9 Bingo 12:30	26 Walk Club 9 Knitting 10 Singing 1:30	27 Coffee with Friends 9 Wii Bowling 9 Book Club 11 Pitch Party 1	28 EGGS 8:30 Walk Club 9 Crafts 10 Cribbage 1	29 Paint Class 9	30 Pie for Breakfast		

ACROSS -

- 1) Spanish dwelling
- myrtle
- 10) Ship's post
- 14) Unknown quote source, for 43) What wavy lines in comics short
- 15) Edmonton pro
- 16) Asian housemaid
- 17) Thirty-two-card game
- 18) Lasting impressions
- 19) "Batman" cartoonist Bob
- 20) Some quick breakfast orders
- 23) Capital of Rhone
- 24) Regular writing
- 25) Carpenters' grooves
- 28) Helen of
- 30) "... and make it fast!"
- 31) Expressed awe
- 33) Blooming loop
- 36) It's indexed?
- 49) Shish 51) Bogus monetary unit 57) Stir up sediment 58) Abdominal ailment 59) It can be good, bad or bright 60) Place for a lighthouse 61) Say "I'm thinkin'," e.g. 62) Ardor
 - 63) Exterminator's quarry
 - 64) Lions' prides?
 - 65) Tear with force

40) Sailor's "yes"

represent

46) Hindu sage

44) Keeps smiling

41) Attempts at waist removal?

Perfect, as one's skills

DOWN

1) Playbill listing Egyptian life symbol Emulate eagles Range rover 5) Earth and beyond Poisonous protein in castor beans 7) Thicke and Rickman South American nation 9) Prefix for "while" 10) Place to buy pies 11) Insect's adult stage 12) Tart flavors 13) The ones here Seeing ____ dog 22) Lyrical poem 25) Computer input 26) Like an uncleaned hearth 27) It might begin "Bet you can't!" Not that 29) Make go "vroom" Legal hearing 32) Frequently, to Shakespeare 33) "Land of a million elephants" 34) Fish-eating bird of March" Beware the Murphy of Hollywood Condensed lifetime account 39) More plump Common breakfast dish 44) Lowers in esteem 45) Damage, as a surface 46) "77 Sunset " 47) Question of possession Hard seed coverings 49) Anne or Calvin of fashion 50) Escape detection Fer _____expenses 53) Earthenware jar 54) Run at the light 55) Trimmed of fat 56) Attain, as a job

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The Crafty Crew – Meet every Thursday at 10 at the Senior Center

April 7 - Bunny Bum project for our shut-in's

April 17 – Tea Cup flower arrangement – Bring your own cup and saucer (will not be usable again) and artificial flowers of your choice for arrangement (small flowers and greenery are best)

Have a project you would like to share? All suggestions welcome! The Senior Hubbardston Book Club

4th Wednesday of each month

April's book: *The Personal Librarian* by Marie Benedict

Come join us for a lively discussion. All welcome

Are you a shower singer? Boy do we need you!

Come join our Hubbardston Swingin' Singin' Seniors

Every Tuesday from 1:30 p.m. to 3:00 p.m.

Cleaning out your attic or basement? We accept donations of clothing, household goods, furniture, etc. for our annual Yard Sale. Call 978-928-1400 x211 for more information





Bored? We've got puzzles. Come check out our collection. We also have a nice collection of books. All welcome to come and check out our offerings.

Oh no! Mom found out about the 30th! At 9-11:30 a.m. Will keep you posted!

Looking for volunteers for the Keep Hubbardston Beautiful Committee. The town wide cleanup has inspired scores of Hubbardston residents to pick up almost 5 tons of trash from streets, trails, and open spaces in our town since its inception in 2018. With your help, we can continue this tradition this year and into the future.

- Most of the work happens between the beginning of February and mid
- April, ending with the town wide Cleanup on the third Saturday in April
 There will be at least 3 meetings of about 30 minutes each from January –
- April to for planning and reporting.
- Committee members will place and remove yard signs, set up and break down the Town wide Cleanup base camp at the Curtis Recreational Field, and staff the event, which lasts 4.5 hours.

If interested in being a part of this Hubbardston tradition, contact Laura Foley at <u>keephubbbeautiful@gmail.com.</u>

Friends of Hubbardston Senior Center

Meeting April 20 at 5 in the Senior Center. All welcome. We're looking for new Board members. Want to support the Seniors in town? Come join us! We need your help and ideas.

Thank you GFA for sponsoring our newsletter.



Inside-Out Chicken Cordon Bleu

Ingredients

3 Tbs fig jam

¹⁄₂ Tps Chopped fresh thyme

Kosher salt and freshly ground pepper

4 6 oz skinless, boneless chicken breasts

1 C shredded Gruyere cheese (3 oz)

8 thin slices black forest ham

Directions

5 Tbs extra-virgin olive oil
1 shallot, minced
½ Tps Dijon mustard
2 Tbs white wine vinegar
2 C baby greens



- 1. Mix the jam, thyme, and salt and pepper to taste in a bowl.
- 2. Lay out a long piece of plastic wrap on a cutting board. Place the chicken on the plastic and brush half of the jam mixture evenly on top of each breast. Mound a quarter of the cheese on each piece of chicken, then wrap 2 slices of ham around each breast to cover the cheese. Place another piece of plastic over the chicken and gently pound with a mallet or heavy skillet until about 1/4 inch thick.
- 3. Heat 2 tablespoons olive oil in a medium nonstick skillet over medium-high heat. Add the chicken and cook until golden and crisp, 3 to 4 minutes. Turn and cook on the other side until cooked through but still moist, 3 to 4 more minutes.
- 4. Meanwhile, whisk the shallot, mustard, vinegar and the remaining jam mixture in a medium bowl. Slowly whisk in the remaining 3 tablespoons olive oil to make a smooth dressing.
- 5. Place each piece of chicken on a plate and drizzle with dressing. Toss the greens with the remaining dressing; serve with the chicken.

The Evangelical Church of Hubbardston

Offering Communion in your home

If interested call

978-820-1430 or

Mary at 774-502-9181



Golden Age Club

Come and join us every 1st and 3rd Wednesday of the month. We have a lot of fun!

Bev K., Presídent

Mom called — The Doctor said it's ok to have Pie For Breakfast! She said it's OK to bring lots of friends!

Tickets available at the Senior Center.

Hubbardston Senior Center 7 Main Street Unit #3 Hubbardston, MA 01452

Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. It seeks to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourages them to pursue healthy, active, independent lives.

Meet Your Council On Aging Members

DIRECTOR

Claudia Provencal

978-928-1400 x211 Please leave a message Home: 978-928-5195 coa@hubbardstonma.us

CHAIRPERSON

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