

HUB Senior NEWS

JUNE 2021



FROM THE HUBBARDSTON HISTORICAL SOCIETY AND GARY WALDEMAR KANGAS



Family market

On a town map from 1870 shows that W. B. Bennett operated a boot factory here in 1907. Charles H. Parila ran a store here from 1924 to 1934. The store changed hands several times and in 1958 Howard Taylor also known as "Howdy Taylor" and his wife Edith ran the store under the name "Family Market" until 1968.

This building still stands next to the US Post Office on Main Street.

CANDIDATE NIGHT AT THE SENIOR CENTER

MAY 27TH 6:00 P.M.—ALL ARE WELCOME!

Library Notice

Want to read a new book? Watch a movie?
Call Chris at the library 978-928-4775 and
make your request. She will have it ready
for Thursday's drive thru. Just keep in
mind that Library's rules apply. Books and
movies can be returned thru the drive thru.

OUR FATHER'S TABLE

Looking for Volunteers! We are located at Faith
Christian Church, 40 Boutelle St in Fitchburg, MA.
Also in need of a cook and a cook's helper for
Thursday's from 1 pm to 5:00 pm. Menu's are all
prepared and all the food items are in the kitchen,
training will be provided.

Please call David Sciabarrasi at 978-345-6950 and
leave your name and contact number or email
me at David.sciabarrasi@comcast.net if in-
terested.

**JUNE 30TH FOXWOODS
TRIP
SIGN UP AT SENIOR
CENTER**



WE WANT TO WISH A HAPPY
BIRTHDAY TO ALL RESIDENTS
FROM 0 TO 110 YEARS! MAY
YOUR SPECIAL DAY BE FULL OF
LOVE, FUN AND CAKE!

ANNUAL TOWN WIDE YARD SALE

June 26 & 27, 2021

From 8 a.m. to ????

*Yes! We're participating again this year.
Treasures welcome. Drop off at the Senior
Center, or call 978-928-1400 x211 for pick up.
We're here Monday, Tuesday, Wednesday,
Thursday and Friday mornings. If these times
don't work, please call so we can make ar-
rangements for someone to be here for your
donation. Hubbardston Senior Center*

*Thank you to everyone who has donated
to the Annual Town wide Yard Sale.
You're treasures are greatly appreciated!*

**Have a suggestion or idea of fun
things to do? Call or email us to see
if we can get it done!**

978-928-1400 x211

coa@hubbardstonma.us

WALK CLUB

Come walk with Rich Hackett and Susan
Breagy Tuesday and Thursday at 9 a.m.
We walk 1-2 miles. Come join us — we
meet at the Senior Center parking lot .



GOLDEN AGER OUTING

THE CROSS IN BARRE

JUNE 16, 2021

10:30 A.M. CAR POOL

(MEET AT THE SENIOR CENTER)

B.Y.O. BROWN BAG LUNCH

Rain? Come anyway – we can eat our brown bag lunch together!

**DON'T FORGET TO STOP BY ON MONDAY
AND WEDNESDAY FOR A CUP OF
COFFEE! AND A TREAT!**

9 AM- 11- AM



TOWN ELECTIONS

JUNE 8

POLLS OPEN AT 7 A.M.

Activities

Rules are: wear masks, sign into My Senior Center, take your temperature; and be 6' apart. Hand sanitizer will be available.

Monday:

Coffee with Friends and Wii Bowling 9am – 11am

Bingo – 12:30 pm

Tuesday:

Walk Club. Meet at 9 in the parking lot. We walk 1-2 miles. Call Sue Breagy at 978-928-4738

Singing @ 1:30pm.

Wednesday:

Coffee with Friends and Wii Bowling 9am – 11am

Golden Agers meeting June 2nd at 1:00 p.m. and 16th at 10:30 a.m.

Thursday:

MOC meal drive thru 9 a.m. to 11:30 a.m. and get your eggs from The Country Hen

Walk Club. Meet at 9 in the parking lot.

Cribbage – 1:30 p.m.

Friday:

Water Color painting class 9am-11am

Jewelry Making Class

June 15 at 10:00 a.m.

Cost—\$10.00 per person

**Call 978-928-1400 x211 to reserve
your place!**





Hubbardston Fair

June 12th

9:00 a.m.—2:00 p.m.

Curtis Rec Field (Rain date 6/13)

Join us for our 5th annual Hubbardston Fair! Come spend a fun filled day outside with entertainment for all ages! We have lots of local artists & handmade crafters to shop. There will also be a good variety of food trucks there to grab a snack or lunch. There will be The Ukulele Show at 9:30; Henry the Juggler at 11:00, and the band Neon Alley playing from 10-2 in the bandstand. So bring a camp chair or a blanket and pick your spot on the field and spend the day with family and friends. As always, free entrance & free parking!

Gilled Herb Chicken and Vegetable Kebabs

- 1/2 cup olive oil
- 2 tablespoons minced fresh parsley, chives, basil, tarragon or oregano
- 3 garlic cloves, minced
- 3/4 teaspoon salt
- 1/2 teaspoon pepper
- 2 teaspoons lemon juice
- 1 pound boneless, skinless chicken thighs, trimmed and cut into 1 1/2-inch pieces
- 1 red bell pepper , stemmed, seeded, and cut into 1 1/2 " pieces
- 1 small red onion quartered through root end, each quarter cut into 1- inch pieces
- 1 zucchini, sliced 1/2 inch thick



Instructions:

1. Wisk oil, parsley, garlic, salt, and pepper together in large bowl. Transfer 1-1/2 tablespoons marinade to separate bowl and stir in lemon juice, set aside for serving. Transfer 2 tablespoons marinade to 1-gallon zipper-lock bag, add chicken, seal bag tightly, and toss to coat. Let chicken marinate in refrigerator for at least 30 minutes to up to 1 hour.
2. Add bell pepper, onion, and zucchini to remaining marinade and toss to coat. Thread chicken and vegetables evenly onto 4 -12 inch metal skewers starting and ending with chicken.
3. 3. Heat grill until hot.
4. 4. Clean and oil cook grate. Place kebabs on grill and cook (covered if using gas) until chicken is well browned on all sides and vegetables are tender, 8-12 minutes, turning as needed. Transfer kebabs to serving platter, tent loosely with aluminum foil, and let rest for 5 to 10 minutes. Drizzle with reserved marinade and serve.

GOLDEN AGE CLUB

Our meeting will be on June 2nd at 1:00 at the Senior Center.

On June 16th we will be meeting at 10:30 a.m. at the Senior Center to go to Barre. Be sure to bring a brown bag lunch.

Just a Note: Take time to be Friendly. It is the road to Happiness. Take time to Read. It is the fountain of Wisdom.

at Center School

STON SENIORS

Do you want to volunteer your time for a great cause? Well, the Friends of the Hubbardston Senior Center is looking for new members and renewals of existing memberships. Right now is a great time to be a part of a wonderful group that focuses on helping our Hubbardston seniors. You don't have to be a senior to join or a resident. The cost of



TRANSPORTATION

**Call or leave a message for Sharon at
207-710-1777**

If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding weekends)

Please give her the following information:

- Time and location you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished

ANNOUNCEMENTS

THE SHINE COUNSELOR

Turning 65 soon or concerned about Medicare costs? A SHINE counselor is available to help you understand your Medicare options. A SHINE (Serving Health Insurance Needs of Everyone) Medicare counselor is available for individual appointments by phone or at your Hubbardston Senior Center (978-928-1400 x211). SHINE counselors are trained and certified annually and attend monthly meetings to ensure they are sharing up-to-date information. They provide free and unbiased insurance information and counseling to Medicare beneficiaries. You can also visit SHINE on the web at www.shinema.org. Our site has valuable information and links to other agencies' public benefit applications that can help pay for your costs if you qualify.

Central Mass SHINE Website

You can also visit SHINE on the web at www.shinema.org

MassHealth Buy-In Program Q1-1 (as of 3/1/2021)

Benefits:

- ◇ Pays for Part B monthly premium, \$148.50 per month
- ◇ Automatic enrollment in Extra Help (help with Part D drug costs)

Eligibility requirements:

- ◇ Income = \$1,771 (individual); \$15,940 (couple)
- ◇ Assets—\$2,396 (individual); 23,920 (couple)

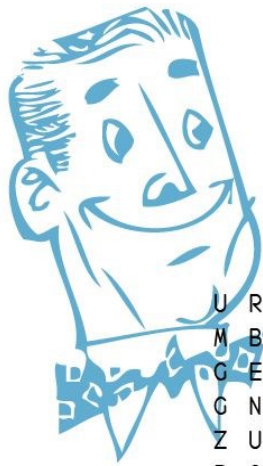
THE FRIENDS OF HUBBARD-

Medical Appointments: Available as needed

- Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after having any major medical procedures.

Shopping: Available as needed

- Anyone wanting to attend meals at the Senior Center, please call ahead. The van driver will give you a ride to the Senior Center and then back home free of charge.



FATHER'S DAY

Word Search

U R I E L A R N L P O E V U K R L O J H B T T W T
M B P B H U D K I S S E S H K C L D J U E E H Y M
C E D Q W E N O J C E I S Z S E H L Q S T J Z F A
G N I K R O W D R A H M C T A O Y K V B U H U A G
Z U Y F U N N Y P E T T O R R L Y Q Q A T J E S M
P Q S P L A Y R J W S L N S L O O R Q N Z V E M W
G G P U M M O I G G U G A I D V N I M D N O W E Z
Z N F T P T E T Q P O M S I O N F G A Y F H V R U
V Y M Y E P S L J A R T F N C L A U I B I S W R Y
U E L C U B O L I W E H G T C E O H E D I U G F Y
P L T U X B B R E F N A L R A E P U V C N G Z A T
W T R O F M O C T R E N E M Y E H S O B C A Y H L
Z J N L Z M W R Z E G K V A E G X D Y N N E S K R
T O G E T H E R C H V S O K U U C E Y B D G L E N
S I G N E W O H W T H X L N M C G P B S U G L L T
Z G B T Q T I Q K A P C R S N D M V E H M A T T M
V C S X N L B L Z F R G A J R F N I X X Y A Z H C
U C C E D L O N T X J V Z E E Y R I I X A S K B Y
B G M V J W Y U A J N Z V X T O G B K Z K D Q B C
F A R S O J E C M I M S D Y M T E E W S A F M Q A
H M H E K M C R B G M R Y E E G B A N W L I S L S
V G Q M E T W Z I E I N M B L U W Y B H O X L O Q
A L W A S G C P H I S K G O D Y I N Z Q B E O I Q
P C T G W W N V N J E W S B G H W M R F O J M W W
B W M V X D K I A I I Y C Q B I U N A R Y O T O O

ADORE
CHILD
COMFORT
FATHER
FUNNY
GAMES
GENEROUS
GUIDE
HANDSOME
HARDWORKING
HUGS
HUSBAND
JOKES
KIND
KISSES

LEARN
LIFE
LOVE
MEMORIES
MENTOR
PLAY
PROTECT
SILLY
SPECIAL
STRONG
SUPPORT
SWEET
TEACH
THANKS
TOGETHER



Hubbardston Senior Center
7 Main Street Unit #3
Hubbardston, MA 01452



Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. It seeks to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourages them to pursue healthy, active, independent lives.

Meet Your Council On Aging Members

DIRECTOR

Claudia Provencal
Center 978-928-1400 x 211.
Please leave a message
Home 978-928-5195
coa@hubbardstonma.us

CHAIRPERSON

Hilary (Skip) Scott Jr.
978-928-1372
sk.scott417@aol.com

VICE CHAIR

Florence Pervier
978-928-5113
ppervier@yahoo.com

SECRETARY/OUTREACH WORKER

Mary Ellen (Mel) Shaughnessy
Center: 978-928-1400 x 211
Home: 978-928-5120
melshaughnessy@gmail.com

TREASURER

Ken Horvath
908-581-1199
Khorvath.cpa@gmail.com

MEMBERS

Nancy Afonso
508-873-3348
nancymaflute@yahoo.com
Bonnie Cunningham
978-632-5452
brendastarr148@hotmail.com
Jane Gregarious 978-820-1270
Gregorious@gmail.com
William Lipka
978-549-6437
willalipka@gmail.com
John Nason
978-820-1148
jnason1@live.com

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