



Senior Times

The Voice of the Hubbardston Senior

June 2022

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Bonnie Cunningham

It's Time for Summer Fun—Come Join Us!



JOIN US FOR THE

SHERIFF'S ANNUAL SENIOR PICNIC

FREE DRIVE-THRU SPECTACULAR
FREE CAR WASH TOO!

SATURDAY 11:00 AM START
JUNE 4, 2022 1:00 PM ENDS
SAC Park 438 Lake St, Shrewsbury, MA 01545

BBQ MEAL • ICE CREAM SUNDAES
TONS OF GIVE AWAYS
RAFFLE BONANZA

ABSOLUTELY MUST REGISTER BY MAY 11TH TO ATTEND!

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Sorry, No Extra Bags to Go. Must Be Present To Participate.

Sponsored by: Worcester County Reserve Deputy Sheriff's Association

Potential Trip
Saturday, June 25
4:05 p.m.

Or

Sunday June 26
1:05 p.m.

Want to see them play?
Call Claudia



Encore Boston Harbor Day Trip

Just \$35 Per Person!*

Includes:

Bus, all taxes & service charge (tip for bus driver not included).

Wednesday, June 15th

Pick up at Curtis Rec Field 7:30 a.m. — returning 5:00 p.m.

Call Claudia Provencal (978) 928-1400 x211 for additional information.



Make some great summer memories! Come join us for a fun day at Fosters, a stop at Cape Neddick, and Stonewall Kitchen.

Foster's in Maine
Monday, August 1, 2022
\$87.00 pp
Bus leaves at 9:30 a.m.
turns 6:30-7:00 p.m.



re-

Call Claudia at 978-928-1400 x211 for more information.

Fostering a Maine Tradition.



Free Spaghetti Dinner for the Seniors

Sponsored by the Hubbardston Police Department

June 22nd from 5-7 p.m.

Sign-up at the Senior Center



Meet & Greet our new Veterans Agent

June 14, 2022 at 10:00 A.M.

At the Senior Center

Come for a coffee and bring your questions!

TRANSPORTATION



Call or leave a message for Sharon at 207-710-1777

If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding weekends)

Please give her the following information:

- Time and location you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished
- A phone number where she can reach you

Medical Appointments: Available as needed

- Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after having any major medical procedures.

Shopping: Available as needed

- Anyone wanting to attend special event meals at the Senior Center, please call ahead. The van driver will give you a ride to the Senior Center and then back home free of charge.

If you have any questions or concerns regarding the MART van services, please call Sharon @ 207-710-1777 or 978-928-1400 ext 210.

Please remember the MART van will not be running when school is closed due to weather or holidays.

Community Services and Information

- **SHINE**—Counselor available. Call Senior Center to make appt or to discuss your health insurance needs over the phone with the Shine counselor. 978-928-1400 x211
- **Community Legal Aid of Central MA** Free 855-252-5342 or www.communitylegal.org
- **Food Stamp Program (SNAP)** - 978-965-8700
- **Fuel Assistance**—978-342-4520 (NEFWC); 978-342-9407 (Salvation Army); 877-563-4645 (Joe for Oil)
- **Meals on Wheels** is offered Tuesday and Thursday. Call 978-928-1400 x211 to sign up.
- **Central MA Agency on Aging** - 508-852-5539

Hubbardston Fair

June 11th

11 a.m.—1 p.m.

Curtis Rec Field

Rain date June 12

The Friends of Hubbardston Seniors

Come stop by our booth at the Hubbardston Fair on June 11th. Lots of raffle baskets and trees. Talk with us about what we do and how you can help support our seniors in town. Applications to join will be available!



Love to sing? Come join our lively Hubbardston Swingin' Singin' Seniors every Tuesday at 1:30 p.m. at the Senior Center.



Are you looking for a lively conversation? Come join us and enjoy the insight at the Book Club. We meet every 4th Wednesday of the month. June's book is "The Friendship List" by Susan Mallery.



Save the date!

September 23, 24, 25, 2022

Cleaning out the garage and attic? Please donate to our Yard Sale. Bring it down to the Senior Center, and we will store it until the sale! Call 978-928-1400 x211

We're open for Coffee with Friends Monday thru Thursday from 9:00 a.m. to 11:00 a.m.

Come hang out with us in the morning for a cup of coffee, a bite to eat, and some board games. Are you a Scrabble aficionado, a Rummy Cube person, or a Master of Monopoly? We have Backgammon, chess, cribbage, puzzles, and lots more.

We're looking to expand our Wii-bowling teams. Competition with other towns will be starting soon as Covid restrictions are loosening.

Come down for some fun, coffee, and make new friends!



Isn't it amazing how a tiny seed, no bigger than a speck of dust, grow into a beautiful flower.

The Golden Ages meet the 1st and 3rd Wednesday of every month at the Senior Center, 1:00 p.m. Everyone is welcome.

We had a lot of fun having lunch at Kro's On The Common. Where will we go this month??? Call Bev at 978-464-5014 for more information.

Upcoming Family Event!

Annual Dinghy Dash at Brigham Pond

Boats made with cardboard and tape only!

August 27, 2022

10 A.M.

Call Katie Young for more information.



ANNUAL HUBBARDSTON FIELD DAY

SEPTEMBER 17, 2022

9:00 A.M.—3:00 P.M.

Special Recipe just for Dad - 4 ingredients and a crock pot!

PULLED PORK SANDWICHES ON HAWAIIAN ROLLS

1 pork loin

Baby Ray's Brown Sugar Barbeque Sauce

Root Beer

Small Hawaiian Rolls



Put pork loin in a crockpot. Cover with root beer and set on high for 8 hours. Drain liquid. Using forks, separate the pork. When finished, add bottle of Baby Ray's barbeque sauce and mix. Put back in crockpot on low heat to warm for serving. Serve on roll. GUARANTEED: Dad will love it! Serve with potato salad or chips.

What do dads want for Father's Day?

Turns out, it's pretty simple: The top things dads say they want are a card (28%) and a special day with the family (28%). Clothing comes in third, with 17% of dads saying they would like to receive this, trailed by something homemade (16%), hobby items (14%) and electronics (14%).

June 2022



Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Golden Ages 1 p.m.	2 Coffee 9-11 a.m. Egg drive thru 8:30–noon Crafty Crew 10-noon Cribbage 1 p.m.	3 Painting Class 9-11 a.m. Pitch Party 6:30 p.m.	4 <i>Sherriff's Picnic SAC Park Shrewsbury 11 a.m.–1 p.m.</i>
5	6 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Bingo 12:30 p.m.	7 Coffee 9-11 a.m. Knitting 10–noon Singing 1:30–3 p.m.	8 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Pitch Party 1 p.m.	9 Coffee 9-11 a.m. Egg drive thru 8:30–noon Crafty Crew 10-noon Cribbage 1 p.m.	10 Painting Class 9-11 a.m.	11 <i>Hubbardston Fair 9–2 p.m. Curtis Field</i>
12	13 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Bingo 12:30 p.m.	14 Flag Day Coffee 9-11 a.m. Knitting 10–noon <i>Coffee w Vet Agent 10 a.m.</i> Singing 1:30–3 p.m.	15 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Golden Ages 1 p.m. <i>Encore Friends 5-6 p.m. COA Meeting 6:30 p.m.</i>	16 Coffee 9-11 a.m. Egg drive thru 8:30–noon Crafty Crew 10-noon Cribbage 1 p.m.	17 Painting Class 9-11 a.m. Pitch Party 6:30 p.m.	18
19	20 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Bingo 12:30 p.m.	21 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Knitting 10–noon Singing 1:30–3 p.m.	22 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Book Club 11 a.m. Pitch Party 1 p.m. <i>Police Spaghetti Supper 5-7 P.M.</i>	23 Coffee 9-11 a.m. Egg drive thru 8:30–noon Crafty Crew 10-noon Cribbage 1 p.m.	24 Painting Class 9-11 a.m.	25
26	27 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Bingo 12:30 p.m.	28 Coffee 9-11 a.m. Wii-bowling 9-11 a.m. Knitting 10–noon Singing 1:30–3 p.m.	29 Coffee 9-11 a.m. Wii-bowling 9-11 a.m.	30 Coffee 9-11 a.m. Egg drive thru 8:30–noon Crafty Crew 10-noon Cribbage 1 p.m.		

Pictures of Monuments on the Common



*Restored
Civil War
Monument*

Above are a few pictures from this Memorial Day Dedication. The new Vietnam Era monument was unveiled. The Civil War monument went under extensive restoration. The broken eagle (it had no head) was replaced, the cannon pedestals unburied and refurbished, and the cannon balls made and mounted. The WWI and Spanish American War, the WWII, and Korea War monuments were cleaned.



WHAT FUN THE GOLDEN AGE MEMBERS HAD ON MEMORIAL DAY! IT WAS
A BEAUTIFUL DAY!

Crafty Crew will be on sabbatical till September!

Enjoy your summer!

Thank you for your support!

Pie for Breakfast was such a success because of you!

Thank you Crafty Crew for Centerpieces! They meet Thursday's from 10—noon.



Yarn -It—All Club News

These beautiful mugs were given to the group in thanks from the Boys and Girls Club of Worcester for hats, scarfs, and mittens knitted by our group.

Like to knit or crochet? Come join us on Tuesday mornings from 10-12.



Annual Town Meeting
June 7th at 7:00 p.m.
Hubbardston Center School Gym

Annual Town Election
June 14th 7:00 a.m. to 8:00 p.m.
Hubbardston Center School Gym

Garden News—Who knew?

To grow healthier roses, plant a banana peel at the base of a rosebush, an inch down in the soil. The potassium in the peel feeds the plant and helps fend off diseases.



Father's Day Suggestion: Beer and Barbeque



Easy Fresh Strawberry Pie

Ingredients

- 1 sheet refrigerated pie crust
- 3/4 cup sugar
- 2 tablespoons cornstarch
- Whipped cream, optional
- 1 cup water
- 1 package (3 ounces) strawberry gelatin
- 4 cups sliced fresh strawberries



Directions

1. Preheat oven to 450°. Unroll crust into a 9-in. pie plate. Trim edge. Line uppricked crust with a double thickness of heavy-duty foil or parchment. Bake 8 minutes. Remove foil; bake 5 minutes longer. Cool on a wire rack.
2. In a small saucepan, combine the sugar, cornstarch and water until smooth. Bring to a boil; cook and stir until thickened, about 2 minutes. Remove from the heat; stir in gelatin until dissolved. Refrigerate until slightly cooled, 15-20 minutes.
3. Meanwhile, arrange strawberries in the crust. Pour gelatin mixture over berries. Refrigerate until set. If desired, serve with whipped cream.

Thank you GFA for sponsoring our newsletter.





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Car Parts

Find and circle all of the car parts that are hidden in the grid.
The remaining letters spell the name of an additional car part.

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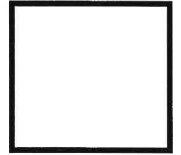
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AIR BAG	CLUTCH	GAS TANK	STARTER
AIR CONDITIONER	COOLING FAN	HEADLIGHT	STEERING WHEEL
ALTERNATOR	CRANKCASE	HOOD	SUSPENSION
AXLE	CRUISE CONTROL	HORN	TAIL LIGHT
BATTERY	DEFOGGER	IGNITION	TIRES
BODY	DEFROSTER	MUFFLER	TRANSMISSION
BRAKE	DOOR	POWER WINDOW	TRUNK
BUMPER	DRIVE LINE	RADIATOR	TURN SIGNAL
CAR SEAT	DRIVESHAFT	RADIO	WHEEL RIM
CARBURETOR	ENGINE	REAR VIEW MIRROR	WHEELS
CARRIER RACK	FRAME	ROOF	WINDSHIELD
CHILD SEAT	FUSE	SEAT BELT	

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Hubbardston Senior Center
7 Main Street Unit #3
Hubbardston, MA 01452



Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. It seeks to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourages them to pursue healthy, active, independent lives.

Meet Your Council On Aging Members

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