



HUB Senior NEWS

MAY 2021

Mother's Day
May 9th

We're having a Contest!

Time to rename our monthly newsletter and looking to you for creativity and there is a prize for the winner. What do you think the name should be? How to enter the contest? You can email your suggestions to coa@hubbardstonma.us, you can drop off on Thursday's at the drive thru, or you can mail to: Hubbardston Senior Center, 7 Main Street Unit 3, Hubbardston MA 01452

WHAT IS THE PRIZE? A \$30.00
GIFT CERTIFICATE TO
WILLIAM'S RESTAURANT

WE'RE OPEN!

Activities

Rules are: wear masks, sign into My Senior Center, take your temperature; and be 6' apart. Hand sanitizer will be available.

Monday:

Coffee with Friends 9am -11am

Bingo— 12:30 pm

Tuesday:

Walk Club. Meet at 9 in the parking lot. We walk 1-2 miles. Call Sue Breagy at 978-928-4738

Singing @ 1:30pm.

Wednesday:

Coffee with Friends 9am -11am

Golden Agers meeting May 5th and 19th at 1:00 p.m.

Thursday:

MOC meal drive thru 9 a.m. to 11:30 a.m. and get your eggs from The Country Hen

Walk Club. Meet at 9 in the parking lot.

Cribbage— 1:30 p.m.

Friday:

Water Color painting class 9am-11am

Proposed Name: _____

Your Name _____

Phone Number: _____

Library Notice

Want to read a new book? Watch a movie? Call Chris at the library 978-928-4775 and make your request. She will have it ready for Thursday's drive thru. Just keep in mind that Library's rules apply. Books and movies can be returned thru the drive thru.

May 3, 2021- ELDERCARE 2021

A Webinar presented by Central Mass Agency on Aging, Inc. & Sheriff Law Evangelidis, Worcester County Sheriff's Office. This presentation will include 5 truths about Covid 19; Senior related Scams, A Covid19 vaccination panel, Mental health for seniors during the pandemic, safeguarding seniors, The State of Older Adults in Central Mass, and Elder Law. The website is www.SeniorConnections.Org at 10a.m. Also on You Tube all day.



RMV News

I'm pleased to announce that the RMV will extend Senior Hours to include customers age 65 or older in April. Starting March 24th, customers 65 and older will be able to schedule in-person transaction appointments during Wednesday senior hours starting April 7th.

Please share this information with your contacts.

I look forward to assisting you, your staff, and the older adults in your community. As always, please don't hesitate to contact me if you have any questions.

Best regards,

Michele Ellicks

Have a Suggestion or Idea of fun things to do? Call or email us to see if we can get it done!

978-928-1400 x211

coa@hubbardstonma.us

WALK CLUB

Come walk with Rich Hackett and Susan Breagy Tuesday and Thursday at 9 a.m. We walk 1-2 miles. Come join us — we meet at the Senior Center parking lot .



Tomato Bruschetta

Ingredients

- 1/2 baguette, sliced into 1/2 inch pieces
- 4 tablespoons extra virgin olive oil
- 2 1/2 cups cored, seeded, and diced tomatoes
- 2 tablespoons extra virgin olive oil
- 2 tablespoons slivered fresh basil leaves
- 1/4 teaspoon minced garlic (about one small clove)
- 3/4 teaspoon kosher salt

Preparation

1. Preheat oven to 350° F.
2. Lightly brush each slice of bread with olive oil and place on a Silpat or parchment-lined baking sheet.
3. Bake 4-7 minutes, or until golden. Set aside.
4. In a bowl, combine the tomatoes, olive oil, basil, garlic and salt.



7 MEMORIAL DAY FACTS

1. Multiple cities claim to be the birthplace of Memorial Day.

According to the [Library of Congress](#), President Lyndon Johnson declared Waterloo, New York, to be the "Birthplace of Memorial Day," referencing a celebration the town had in 1866. However, other places are known to have celebrated the holiday earlier, and exactly where the first celebration took place remains in dispute.

2. It was originally called Decoration Day.

The holiday was celebrated by "decorating" the graves of fallen soldiers with flowers, flags, and more, hence the name "Decoration Day." Over time, it became known as Memorial Day.

3. Union General John A. Logan founded the holiday.

Although people were already decorating graves of fallen Civil War soldiers in an unofficial way, General Logan codified the holiday. "The 30th of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land," he famously said.

4. Memorial Day wasn't celebrated on the "last Monday in May" until relatively recently.

When General Logan officially launched the holiday, he called for it to be observed on May 30. After the Uniform Monday Holiday Act took effect in 1971, however, it was moved to the final Monday in May.

5. Logan may have chosen May 30 an interesting reason.

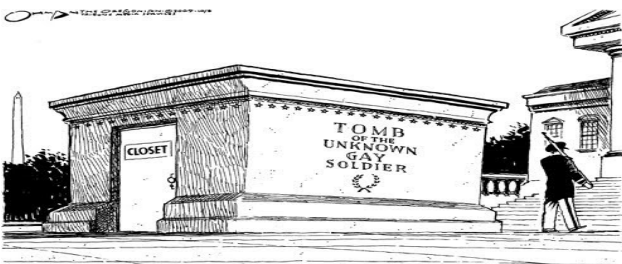
The date was selected because it wasn't the anniversary of any battle in particular—well, according to legend, that is.

6. It's customary for the U.S. president or vice president to give a speech.

And traditionally, that speech is delivered at the Tomb of the Unknown Soldier at Arlington National Cemetery. Ahead of Memorial Day weekend, the 3rd U.S. Infantry also place American flags in front of Arlington's over 260,000 graves and niches.

7. Originally, only soldiers who had died in the Civil War were honored.

After WWI, though, the holiday began to encompass members of the American armed forces who had fallen in any conflict.





Mother's Day

Second Sunday of May



APPRECIATION
 BEAUTIFUL
 BREAKFAST
 CANDY
 CHARMING
 COMFORT
 DEVOTED
 FLOWERS
 FORGIVING
 GIFTS

GUIDANCE
 HUGS
 JEWELRY
 JOY
 KISSES
 LAUGHTER
 LOVE
 MATERNAL
 MOM
 MOTHER

NURTURE
 PERFUME
 PROTECTIVE
 SHARE
 TELEPHONE
 TENDER
 THE BEST
 WARM
 WISE



ANNOUNCEMENTS

GOLDEN AGE CLUB

Our meetings will be on Wednesday May 5th and 19th at 1:00 pm at the Senior Center.

Spring has arrived! Lets welcome our new special events chairperson (Joan). We are looking forward to new adventures.

Annual Town Meeting

June 1st 6:30 p.m. at Center School.

Covid restrictions in place.

TOWN ELECTIONS

JUNE 8

POLLS OPEN AT 7 A.M.

THE SHINE COUNSELOR

Turning 65 soon or concerned about Medicare costs? A SHINE counselor is available to help you understand your Medicare options. A SHINE (Serving Health Insurance Needs of Everyone) Medicare counselor is available for individual appointments by phone or at your Hubbardston Senior Center (978-928-1400 x211). SHINE counselors are trained and certified annually and attend monthly meetings to ensure they are sharing up-to-date information. They provide free and unbiased insurance information and counseling to Medicare beneficiaries. You can also visit SHINE on the web at www.shinema.org. Our site has valuable information and links to other agencies' public benefit applications that can help pay for your costs if you qualify.

Central Mass SHINE Website

You can also visit SHINE on the web at www.shinema.org

MassHealth Buy-In Program Q1-1 (as of 3/1/2021)

Benefits:

- ◇ Pays for Part B monthly premium, \$148.50 per month
- ◇ Automatic enrollment in Extra Help (help with Part D drug costs)

Eligibility requirements:

- ◇ Income = \$1,771 (individual); \$15,940 (couple)
- ◇ Assets — \$2,396 (individual); 23,920 (couple)

FRIENDS OF HUBBARDSTON

The Friends will be hosting a Grab & GO Meal on Thursday, May 13th and May 27th. This will be happening at the same time as the drive thru for the grocery pick up and eggs from Country Hen. Darlene worked hard on the application and the Friends were awarded a grant to fund this gift for our Seniors.

Friends of the Hubbardston Senior Center is looking for new members and new board members.. Please contact Kay at (978) 820-1360 or at waveqr138@gmail.com if you would like to be a part of a non-profit organization that is dedicated to helping our seniors. We miss you and your smiling faces! We can't wait to see you all again real soon.



TRANSPORTATION

Call or leave a message for Sharon at 207-710-1777

If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding weekends)

Please give her the following information:

- Time and location you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished

Medical Appointments: Available as needed

- Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after having any major medical procedures.

Shopping: Available as needed

- Anyone wanting to attend meals at the Senior Center, please call ahead. The van driver will give you a ride to the Senior Center and then back home free of charge.



Need help heating your home this winter?

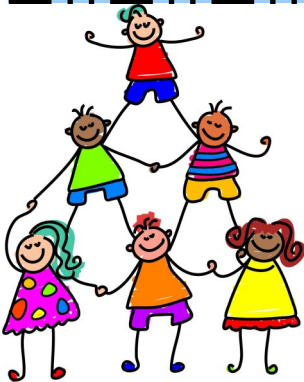
Call or visit:

NEW ENGLAND FARM WORKERS
COUNCIL

(NEFWC) 473 Main St. 3rd Floor, Fitchburg,
MA- 978-342-4520 Or Call Claudia at the Senior
Center 978-928-1400 x211

Cleaning Secret

Removing Cobwebs is an art! They can be sticky and can stain surfaces if you don't remove them carefully. Use a vacuum cleaner tool or a cloth-covered broom, and lift them away from the wall rather than pushing them onto the surface.



SAVE THE DATE!

JUNE 12, 2021

**HUBBARDSTON
FAIR AT THE REC
FIELD**

Question: What is the largest ocean on the earth?

Answer: Pacific
Ocean



From: The Golden Agers

Dog Licenses are now past due!

MANDATORY – Under State and local laws, all dogs by the age of 6 months must be licensed with Town and have a valid rabies vaccination.



Annual Registration – License period runs April 1 thru March 31 of following year.

Dogs not licensed by May 1st will be charged a \$25 late fee in addition to the license fee.

May be done by mail, online, or in person (add \$1 for online fees)

Failure to License Citation – \$50.00 (for dogs not licensed by June 1st) NOTE: Citations cannot be paid online; must send check or pay in person at Town Clerk's office.

Kennels: Any collection of more than 4 dogs kept for any purpose requires a Special Permit from the Planning Board. Visit their homepage to download a Special Permit Application.

LICENSE FEES:

- Spayed/Neutered – \$10.00
- Male/Female – \$15.00

If you have moved or no longer have a previously registered dog, please contact the Town Clerks office at 978-928-1400 x202.



Hubbardston Senior Center
7 Main Street Unit #3
Hubbardston, MA 01452



Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. It seeks to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourages them to pursue healthy, active, independent lives.

Meet Your Council On Aging Members

DIRECTOR

Claudia Provencal
Center 978-928-1400 x 211.
Please leave a message
Home 978-928-5195
coa@hubbardstonma.us

CHAIRPERSON

Hilary (Skip) Scott Jr.
978-928-1372
sk.scott417@aol.com

VICE CHAIR

Florence Pervier
978-928-5113
ppervier@yahoo.com

SECRETARY/OUTREACH WORKER

Mary Ellen (Mel) Shaughnessy
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Home: 978-928-5120
melshaughnessy@gmail.com

TREASURER

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Khorvath.cpa@gmail.com

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