



# Senior Times

The Voice of the Hubbardston Senior

November 2022

Editor: Claudia Provencal  
Assistants  
Susan Breagy  
Bonnie Cunningham

## VOTE!! November 8th!



Calling All Veterans!

Join us for Breakfast

Friday, November 11

9:00—11:00 a.m.

At the Senior Center

Blueberry French Toast, Quiche,  
Coffee, and much more!

Sign up sheet at the Center, or  
call 978-928-1400 x211 to re-  
serve your space.

All veterans are welcome!

Thank you GFA for sponsoring our  
newsletter.



The Friends of Hubbardston

Senior Center

2nd Annual Thanksgiving Dinner

Saturday, November 19th

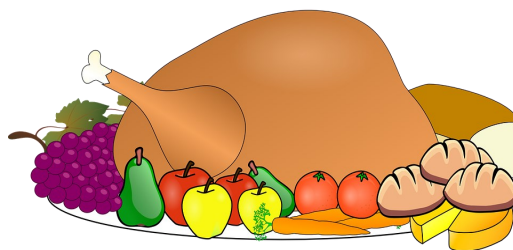
2:00 p.m.

Hubbardston Senior Center

Signup at the Senior Center or call

978-928-1400 x211

Sponsored by the Ryan Patrick  
Jones Heart of a Hero Foundation



Book Club meets every  
4th Wednesday of the  
month at 11:00 a.m.



## Upcoming Events

### Early Voting at Town Clerk's Office

- Tuesday, November 1<sup>st</sup> 10am – 12pm
- Wednesday, November 2<sup>nd</sup> 10am – 12pm
- Thursday, November 3<sup>rd</sup> 10am – 12pm

**Voting Day: Tuesday, November 8, 2022**

Polls Open: 7am – 8pm

Voting Location: Hubbardston Center

School Gym, 8 Elm Street

*HUBBARDSTON LIGHT FIGHT!*  
*December 2nd, 3rd & 4th*  
*December 9th, 10th & 11th*  
*December 16th, 17th & 18th*  
*5 - 7 p.m.*

Questions – [hubbardston250@gmail.com](mailto:hubbardston250@gmail.com)

### Emergency Preparedness Bingo Game

Join us for some fun learning on  
Friday, November 4

11:30 – 1:00 pm

Light Refreshments

FREE

NATURAL HEALING ARTS SEMINAR

Featuring Reiki and the Tibetan Rites

Sunday November 6, 2022

Pinecrest Lodge

84 Bemis Road ~ Hubbardston, MA

1 PM to 3 PM

**Total Wellness**  
Wellness in Every Aspect of Life



**Taxes Due**

**November 1st**

### COP Community Outreach Program

**Monetary & Toy Donations for Christmas**

**To benefit those less fortunate in Hubbardston**

**All toy donations are being collected by the Hubbardston Police Department's  
Community Outreach Program**

**All toys should be new in the packaging and unwrapped**

**Monetary donations can be sent to:**

**Hubbardston Police Department, 7 Main Street, Unit 9; Hubbardston, MA 01452**

## TRANSPORTATION



Call or leave a message for Sharon at 207-710-1777  
If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding week-ends)

Please give her the following information:

- Time and location you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished
- A phone number where she can reach you

**Medical Appointments: Available as needed**

- Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after having any major medical procedures.

**Shopping: Available as needed**

- Anyone wanting to attend special event meals at the Senior Center, please call ahead. The van driver will give you a ride to the Senior Center and then back home free of charge.

If you have any questions or concerns regarding the MART van services, please call Sharon @ 207-710-1777 or 978-928-1400 ext 210.

### *Community Services and Information*

- **SHINE**—Counselor available. Call Senior Center to make appt or to discuss your health insurance needs over the phone with the SHINE counselor. 978-928-1400 x211
- **Community Legal Aid of Central MA** Free 855-252-5342 or [www.communitylegal.org](http://www.communitylegal.org)
- **Food Stamp Program (SNAP)** - 978-965-8700
- **Fuel Assistance**—978-342-4520 (NEFWC); 978-342-9407 (Salvation Army); 877-563-4645 (Joe for Oil)
- **Meals on Wheels** is offered Tuesday and Thursday. Call 978-928-1400 x211 to sign up.
- **Central MA Agency on Aging** - 508-852-5539

## TIME TO APPLY

**Low-income Home Energy Assistance**  
**Fuel is expensive, and winter is long!**

Please submit an application early! <https://toapply.org/NEFWF> Or come in to the Senior Center on Tuesdays and ask for Pat Lamoureux. She can help with the paperwork.

**REMEMBER**—It's an ongoing process and you're working with bureaucracy—the reward is worth the effort!

## IMPORTANT

### Medicare Open Enrollment

Open Enrollment runs from October 15th through December 7th. During this time, you can change your Medicare Plan effective January 1st. Contact the Senior Center to speak with a SHINE counsellor in person or over the phone. SHINE (Serving the Health Insurance Needs of Everyone) has certified counselors to help you with questions about Medicare. Our services are free and unbiased. We are available to discuss all options related to Medicare and additional coverage, and we do not sell any plans.

**Senior Tax Work-Off Program applications are now available at the Senior Center. This programs runs from October 1, 2022 to September 30, 2023.**



# ANNUAL CHRISTMAS FAIR

WITH YOUR HELP, THIS WILL BE "THE BEST XMAS FAIR EVER"

SATURDAY, DECEMBER 3, 2022  
9:00 A.M. — 3:00 P.M.

LOVELY HANDMADE GIFTS, RAFFLES, CHINESE AUCTION, HOME  
MADE BAKED GOODS,. OUR FAMOUS HUNTER STEW WILL BE  
AVAILABLE WITH A SLICE OF HOMEMADE BREAD

TAKE HOME OR EAT IN

COME HELP US ENJOY THE HOLIDAY AT OUR COUNTRY FAIR.  
VISIT AND TAKE PICTURES WITH MR. & MRS. CLAUSE FROM  
10:00 A.M.—2:00 P.M.

Golden Age Club  
Holiday Basket Raffle  
Tickets—1 for \$2.00

3 for \$5.00

10 for \$10

Drawing to be held at Holiday Fair on  
December 3rd

Singers are rehearsing for their holiday concerts.

If you love to sing Christmas  
carols, come join us every  
Tuesday at 1:30 p.m.

**The Hubbardston Singin'  
Swingin' Singers**



## Cranberry Brie Bites

### Ingredients

- 1 (8-oz.) tube crescent dough
- Cooking spray, for pan
- Flour, for surface
- 1 (8-oz.) wheel of brie
- 1/2 c. whole berry cranberry sauce
- 1/4 c. chopped pecans
- 6 sprigs of rosemary, cut into 1" pieces.

### Directions

Step 1 Preheat oven to 375° and grease a mini muffin tin with cooking spray. On a lightly floured surface, roll out crescent dough, and pinch together seams. Cut into 24 squares. Place squares into muffin tin slots.

Step 2 Cut brie into small pieces and place inside the crescent dough. Top with a spoonful of cranberry sauce, some chopped pecans, and one little sprig of rosemary.

Step 3 Bake until the crescent pastry is golden, about 15 minutes.





Name: \_\_\_\_\_ Date: \_\_\_\_\_

**DIRECTIONS:**  
Find and circle the  
vocabulary words  
in the grid. Look  
for them in all  
directions including  
backwards and  
diagonally.

# Harvest Festival

## Word Search

W	L	Z	W	A	I	D	R	E	B	M	E	T	P	E	S	U	T	P
K	F	P	Q	E	M	P	D	B	E	V	O	S	Q	U	A	S	H	A
M	A	K	A	F	M	T	H	R	W	O	R	C	E	R	A	C	S	T
N	R	T	Y	H	A	Y	R	I	D	E	D	R	M	K	V	Z	I	U
W	M	E	U	F	G	I	H	D	M	P	Z	W	N	I	W	R	Q	B
D	E	U	X	H	M	C	H	N	D	S	N	I	K	P	M	U	P	I
Y	R	T	T	E	F	V	A	O	W	Z	I	E	E	L	A	I	L	B
A	H	W	N	U	E	G	F	I	E	L	D	S	Y	B	G	U	Y	S
I	R	T	Y	L	A	V	I	T	S	E	F	G	U	U	W	H	O	X
P	Q	P	Y	L	S	A	S	A	E	R	H	M	C	O	R	N	M	Z
O	X	W	H	W	T	H	A	R	V	E	S	T	E	A	Y	Y	U	N
C	H	L	J	X	I	C	H	B	A	R	B	Y	S	Z	S	W	S	F
U	H	A	O	K	N	F	W	E	E	E	F	V	D	T	Z	U	I	S
N	C	N	Z	C	G	E	S	L	L	G	W	L	S	G	J	B	C	A
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O	Y	U	S	V	O	O	F	C	H	O	T	A	E	F	T	A	G	P
C	M	A	H	R	X	E	B	D	Y	N	E	F	G	U	M	N	M	L
X	J	L	C	G	U	S	G	E	O	A	J	Y	N	E	T	U	I	E
T	L	V	B	M	C	K	S	C	R	L	G	W	S	P	F	N	Q	S

ANNUAL  
APPLES  
AUTUMN  
CELEBRATION  
CONTESTS  
CORN  
CORNUCOPIA  
CROPS  
FARMER  
FEASTING  
FESTIVAL  
FIELDS  
GAMES  
HARVEST



HAYRIDE  
LEAVES  
MERRIMENT  
MUSIC  
OCTOBER  
PUMPKINS  
REGIONAL  
SCARECROW  
SEPTEMBER  
SQUASH



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Coffee –9-11 am Knitting 10-12 noon Singing 1:30 pm	2 Coffee 9-11 am Wii-Bowling 9 am Vet Agent 9-11 am Weight Support Group Golden Ages 1 pm	3 Eggs 8:30 Coffee 9-11 am Crafty Crew 10-noon Cribbage 1 pm	4 Paint Class 9-11 am <b>Emergency Preparedness Bingo 11:30-1:00 pm</b> Pitch Party 6:30 pm	5
6	7 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30 pm	8 <b>Election Day</b> Coffee –9-11 am Knitting 10-12 noon Singing 1:30 pm	9 Coffee 9-11 am Wii-Bowling 9 am Vet Agent 9-11 am Weight Support Group Pitch Party 1 pm	10 Eggs 8:30 Coffee 9-11 am Crafty Crew 10-noon Cribbage 1 pm	11 <b>Veterans Day Veterans Breakfast 9-11 am</b> Paint Class 9-11 am	12
13	14 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30 pm	15 Coffee –9-11 am Knitting 10-12 noon Singing 1:30 pm	16 Coffee 9-11 am Wii-Bowling 9 am Vet Agent 9-11 am Weight Support Group Golden Ages 1 pm  <b>Friends 5 pm COA 6:30 pm</b>	17 Eggs 8:30 Coffee 9-11 am Crafty Crew 10-noon Cribbage 1 pm	18 Paint Class 9-11 am Pitch Party 6:30 pm	19 <b>Thanksgiving Dinner 2:00 pm</b>
20	21 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30 pm	22 Coffee –9-11 am Knitting 10-12 noon Singing 1:30 pm	23 Coffee 9-11 am Wii-Bowling 9 am Vet Agent 9-11 am Weight Support Group Pitch Party 1 pm	24 <b>Thanksgiving Center Closed</b>	25 Paint Class 9-11 am	26
27	28 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30 pm	29 Coffee –9-11 am Knitting 10-12 noon Singing 1:30 pm	30 Coffee 9-11 am Wii-Bowling 9 am Vet Agent 9-11 am Weight Support Group Book Club 11 am			



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Donnawarfield99@gmail.com



Kimberly Clark  
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Kimberlyclark1@remax.net

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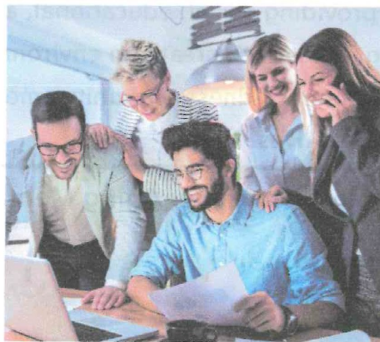


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**Hubbardston Senior Center**  
7 Main Street Unit #3  
Hubbardston, MA 01452



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### Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. It seeks to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourages them to pursue healthy, active, independent lives.

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### Meet Your Council On Aging Members

#### **DIRECTOR**

**Claudia Provencal**  
978-928-1400 x211  
Please leave a message  
Home: 978-928-5195  
coa@hubbardstonma.us

#### **CHAIR**

Florence Pervier  
**SECRETARY/OUTREACH WORKER**  
Mary Ellen (Mel) Shaughnessy  
**TREASURER**  
Ken Horvath

#### **MEMBERS**

Nancy Afonso  
Bonnie Cunningham  
Pat Lamoureux  
William Lipka

#### **Advisory Committee**

John Nason

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