

Hubbardston Community Needs Helpful Resources Listing



Compiled June 2014

By

Montachusett Regional Planning Commission





Hubbardston Community Needs Listing

Helping Hands for Your Community

About this listing...

The information contained in this free listing is intended to be a tool for the residents of Hubbardston in getting access to goods and assistance that will help improve their quality of life. Many of these resources rely on state and federal funding and donations from community members, therefore, their operations and contact information sometimes change with budgetary constraints. You may find that a phone number has changed, or web site information has been updated. We have done our best to cross check all the information provided. In addition, please don't let the term "income limits apply" scare you. Some programs are for the very poor, others have much broader income guidelines. You will never know until you try!

Table Of Contents

<u>Subject</u>	<u>PAGE(s)</u>
Food Resources	4, 5, 6
Wellness Education	7
Transportation Services	8 and 9
Family Focus Services	10, 11, 12
Housing	13, 14, 15
Foreclosure and Home Repair	16 and 17
Emergency Information	18 and 19

Food Resources

Resource:

Contact Information:

Services Offered:

<u>Food Source Hotline</u> Also called "Project Bread"-statewide	Toll Free 1-800-645-8333 TTY 1-800-377-1292 info@projectbread.org	Will assist in finding food resources such as pantries, kitchens and meal programs.
<u>Food Stamps- "SNAP"</u> 473 Main St. Fitchburg, MA	978-665-8700 Fitchburg 1-866-950-FOOD (3663) State http://www.massresources.org/snap-financial-eligibility	Income-based assistance for purchasing food. Individual and family qualifications.
<u>Women, Infants & Children (WIC)</u> 47 Parker St. Gardner, MA	978-630-3344 Open Tuesday, Wednesday and Friday www.mocinc.org/nutrition-and-wellness-2/wic-women-infants-childrens-program	Administered by Montachusett Opportunity Council (MOC)-this program offers nutritional education, coupons for healthy foods, referrals for prenatal and post-partum care.
<u>Brown Bag Program</u> (Low Income Seniors)	617-427-5200 Worcester County 800-247-9632 Western MA	Will help in finding a brown bag meal program in your area.

<u>Catholic Charities</u>	978-840-0696 Leominster 978-249-4563 Athol www.ccworc.org	You do not have to be Catholic. Can help with food, clothing, counseling, toys-4-tots, and fuel assistance when funds available. Emergency Assistance as well.
<u>Gardner Community Action Committee (CAC)</u> 294 Pleasant St. Gardner, MA	978-632-8700 info@gardnercac.org www.gardner-cac.org	Food pantry, fuel assistance, clothes closet, medical transportation and Emergency Assistance
<u>Salvation Army</u> 739 Water St. Fitchburg, Ma	978-342-3300 www.salvationarmyusa.org	Hunger relief services throughout the state and country. Emergency Assistance
<u>United Way 2-1-1</u>	1-877-211-MASS (6277) www.uwotc.org/mass-211	Excellent resource for everything offered in this area.
<u>Mass Resources.org</u>	www.mass.resources.org	Comprehensive information on all kinds of services available in this state.

<u>MOC Meal Site</u> <u>Hubbardston Senior Center</u> 7 Main St. #3 Hubbardston, MA	1-800-286-3441	Must call to reserve a seat by 12 noon the day before. Meals are served Tuesday and Thursday at noon
<u>Senior Food Pantry</u> Gardner Senior Center 294 Pleasant St. Gardner, MA	978-630-4067 978-632-8700 Gardner CAC www.gardner-cac.org	Must be over 62 years old and non-veterans. Provides fresh fruit, low sodium foods.
<u>Community Foundation of North Central Massachusetts</u> 649 John Fitch Hwy Fitchburg	978-343-8383 www.cfncm.org	Provides funds to groups that help in the community in a variety of areas and a wide array of causes.

Wellness Education

Resource:

Contact Information:

Services Offered:

<u>Massachusetts Tobacco Cessation & Prevention Program (MTCP)</u>	Smokers' Helpline: 1-800-QUIT-NOW (1-800-784-8669) www.makesmokinghistory.org	Programs include: confidential smokers' helpline, interactive websites for smokers who want to quit, local tobacco control programs in communities throughout the state
<u>Greater Gardner Community Health Center</u> 75 Connors St. Gardner, MA	978-410-6100 www.chcfhc.org	Offer Healthy Weight Clinics, family nutrition counseling, coupons for fresh fruits and vegetables in some locations.
<u>Mass in Motion</u> Internet Resource through Mass.gov	www.mass.gov/massinmotion	Nutritional Information resource, local fitness events and guidance on moving more.

Transportation Services

Resource:

Contact Information:

Services Offered:

<u>Council on Aging</u> 7 Main St. #3 Hubbardston, MA	978-928-1400 x 211 coa@hubbardstonma.us	Resource for local senior services including transportation
<u>Human Service Transportation – MART</u> (Montachusett Area Regional Transit)	800-922-5636 www.mrta.us	Provides MassHealth and Dial-A-Ride transport for Hubbardston area and beyond: medical, mental health and dayhab program transport by appointment
<u>Mass Association for the Blind</u> 799 West Boylston St. Worcester, MA	508-854-0700 (Central) 617- 738-5110 www.mabcommunity.org	Serves blind and visually impaired: transportation is medical only
<u>Gardner CAC</u> 294 Pleasant St. Gardner	978-632-8700 www.gardner-cac.org	Serves low income, elderly, ill and disabled. Lift - equipped, medical transport.

<u>Montachusett Home Care Corp.</u> 680 Mechanic St. Leominster	978-466-5400 www.montachusetthomecare.com	Serves elderly shut-ins, medical transport, evaluation for home services and equipment.
<u>GVNA Gardner Visiting Nurses Association</u> 34 Pearly Lane Gardner	978-632-1230 www.gvnahealthcare.org	Nurses come to you: Offer evaluation for skilled nursing, home health aides, rehab therapists, medical social workers, all in your home.

Family Focus Services

Resource:

Contact Information:

Services Offered:

<u>Criterion Wachusett Early Intervention Program</u> 31 Lake St. Gardner	978-632-4432 508-770-0089 www.criterionchild.com	Offers Early Intervention services to Hubbardston area families with children aged birth to three years, who were born with a disability or health condition.
<u>Maternal Child Healthcare</u> of GVNA 34 Pearly Lane Gardner	978-632-1230 www.gvnahealthcare.org	Education for new moms and nursing care for sick children and newborns. Can assist with Childhood Oncology care as well.
<u>National Child Care Connection</u> Online Resource	www.nationalchildcareconnection.com	Look up licensed daycare providers by zip code or city/state..., what to avoid when interviewing, a resource for choosing a good day care-parent relationship
<u>Seven Hills Foundation</u> Family, Community and Childcare	508-755-2340 TTY 508-890-5584 www.sevenhills.org/supports/family-community	Offer a myriad of services from family support and stabilization to respite services

<u>Families and Communities Together/Community Healthlink</u> 100 Erdman Way Leominster	978-401-3818 www.Communityhealthlink.org	Intervention and Assistance with children with Serious Emotional Disturbances and together with LUK, Inc. provide help to the family in a wrap-around care approach
<u>MOC's Coordinated Family & Community Engagement Program</u>	Katie Abbott at 978-630-3354	Information on parent/child play groups, story hour, yoga, parent education and leadership, etc.
<u>GAAMHA</u> 208 Coleman St. Ext. Gardner	978-632-0934 www.gaamha.com Transportation all ages and needs	Assistance with substance abuse recovery as well as day and employment services for Developmentally Disabled
<u>Planned Parenthood</u> 391 Main St. Fitchburg	800-258-4448 www.plannedparenthood.org	Women's health care, referral and birth control needs and counseling. Men also seen and testing for STDs offered. Parent educational tools available.
<u>Child Care Resources</u> 1480 John Fitch Hwy Fitchburg	978-343-7395 www.sevenhills.org/programs/child-care-resources	Connects families to quality licensed child care professionals in their area


<u>Mass Resources:</u> Insurance under the Affordable Care Act	www.massresources.org/health-care-2014	Explains what the Affordable Care Act really means to your family and how to get insured. Also see Healthcare.gov
<u>Problem Pregnancy of Athol</u> 105 Main St, Athol	978-249-4300 www.problempregnancy.org	All services FREE Testing, counseling, baby supplies, maternity clothes, furniture, etc.
<u>YOU, Inc.</u> Central Referral Office	1-855-4YOUINC	Substance abuse programs and counseling for youth. Local sites for family support networks
<u>House of Peace and Education (HOPE)</u> 20 Barthel Ave Gardner	978-630-4752 www.hopegardner.org Visit "Hopeful boutique" clothing closet 33 Parker St. Gardner	After school programs and summer camp, women's support and workforce training,

Housing

Resource:

Contact Information:

Services Offered:

<p><u>DHCD (Mass Division of Housing & Community Development)</u> Division of Housing Stabilization</p>	<p>1-877-418-3308 At office of the Department of Transitional Assistance on Tuesdays and Thursdays</p>	<p>They will provide instructions on where to apply for shelter and what the eligibility requirements are. Emergency assistance for homelessness</p>
<p><u>Visitation House, Inc.</u> 119 Endicott St. Worcester</p>	<p>508-798-8002 www.visitationhouse.org</p>	<p>Homelessness services for pregnant women, basic life skills training course, ongoing case management. 18+</p>
<p><u>Gardner CDC</u> 246 Central St. Gardner</p>	<p>978-630-2975 www.ggcdc.org</p>	<p>Foreclosure counseling, home ownership classes, small business assistance</p>
<p><u>Hubbardston Elderly Housing</u> 1 Old Princeton Road Cutoff, Hubbardston</p>	<p>978-928-5922 RCAP Age 62+ Income limits apply (2014):</p> 	<p>1 person-Extremely Low = 15,550 1 person-Very Low = \$25,900 1 person - Low = \$41,450 2 people- Extremely Low = \$17,750 2 people - Very Low = \$29,600 2 people - Low = \$47,350</p>

<p><u>Gardner Housing Authority</u> 116 Church Street Gardner</p>	<p>978-632-6634 Age 60+ 978-632-6627 www.gardnerhousing.qpg.com</p> 	<p>Residents pay 30% of income for rent and utilities</p>
<p><u>Olde English Village</u> 152 Manca Drive Gardner</p>	<p>866-366-8204 Income eligible <small>For Rent Media Solutions</small></p> 	<p>1,2,3 and 4 bedroom apartments, rent includes heat and hot water. Some units subsidized-complex privately owned</p>
<p><u>Montachusett Veterans Outreach Center</u> 268 Central St. Suite A Gardner</p>	<p>978-632-9601 www.veterans-outreach.org</p>	<p>Offers transitional and low income housing for veterans, food pantry, counseling, medical transport, job training and outreach.</p>

<u>RCAP Solutions, Inc.</u> <u>Housing Consumer Education Center</u> 205 School St. PO Box 159 Gardner, MA 01440	978-630-6771 www.rcapsolutions.org	Provides a wide range of affordable housing, homelessness prevention, workforce development, family unification and self-sufficiency services.
<u>MIHN Family Shelter</u> 923 Main St. Fitchburg, MA 01420	(978) 342-9501 www.mihnnetwork.com sneddon.mihn@verizon.net	Housing, case management, mentor program , training and resources. Cost of caring provided by a group of congregations in the area and donations from anyone.
<u>Habitat for Humanity North Central Massachusetts, Inc</u> HFH 1 Oak Hill Rd. Fitchburg, MA 01420	978-348-2749 www.ncmhabitat.org office@ncmhabitat.org	Builds homes for people in need. Also offers Re-Store in Leominster where people can buy building materials and furniture at very low prices. www.restorencm.org 978-227-5556

Foreclosure and Home Repair Resources

Resource:	Contact Information:	Services Offered:
<u>US Department of Housing and Urban Development (HUD)</u>	1-800-569-4287 www.hud.gov/foreclosure/index.cfm	Free housing counseling services to help homeowners understand their options, the law and can help represent borrowers in negotiations with lenders.
<u>Massachusetts Attorney General's Office</u>	617-727-2200 www.ago.state.ma.us	Assistance to homeowners who suspect they have been victims of fraud or misled by lenders can contact this office for help.
<u>Neighborworks</u>	1-888-995-HOPE www.nw.org	"HOPE for Homeowners" hotline, free foreclosure prevention counseling.
<u>Neighborhood Assistance Corporation of America (NACA)</u>	1-888-302-NACA www.naca.com/program/homesaveProgram.jsp	Offers new loans to eligible homeowners with unaffordable mortgages. Counseling and assistance to homeowners at risk of foreclosure.
<u>Montachusett Opportunity Council</u> Energy & Environmental Services (Weatherization)	66 Day St. Fitchburg 978-342-7025 www.mocinc.org	Offers funding to assist eligible homeowners with making their home more energy efficient such as: insulation, new windows and doors, furnace repair or replacement, etc.

<p><u>US Department of Agriculture (Rural Development)</u> Section 504 Program 52 Borden St. Holden</p>	<p>508-829-4477 www.rurdev.usda.gov</p>	<p>Provides eligible homeowners with loans and grants for home repairs for health and safety. 20 year low interest loans up to \$20,000. Aged 62 and over may qualify for grants up to \$7,500. Can be combined.</p>
<p><u>Mass Housing</u> One Beacon St. Boston, MA</p>	<p>617-854-1000 TDD 617-854-1025 www.masshousing.com</p>	<p>Home Improvement Loan Program (HILP), Get the Lead Out Program, Septic Repair Loan Program</p>

Emergency Services

Resource:

Contact Information:

Services Offered:

<p><u>LOCAL Hubbardston</u> <u>Emergency #s</u> 9-1-1</p>	<p>Fire 978-928-4423 Police 978-928-1405 Emergency Management (Dennis O'Donnell) 978-928-1400 x230</p>	<p>cne.coderedweb.com register online and they will send you alerts of emergency situations in your area</p>
<p><u>National Grid Emergency #s</u> Power outages: 800-465-1212 Gas Emergencies 800-233-5325</p>	<p>Before you DIG call 811. www.call811.com </p>	<p>To avoid hitting gas and other lines found in the ground. <u>>>THIS IS A LAW<<</u></p>
<p><u>Hubbardston Town School</u> notices:</p>	<p>Web: www.grsd.org Radio: WSRS 96.1 FM Web: WBZ TV4, WCVB TV5, WWLP TV22</p>	<p>School notices (Urgent: snow cancellations, delays, dismissal announcements)</p>
<p><u>Regional Poison Control Center:</u></p>	<p>1-800-222-1222 TTY: 1-888-244-5313 www.maripoisoncenter.com</p>	<p>Information on poison control and prevention</p>

<u>National Domestic Violence Hotline</u>	1-800-799-SAFE (7233) TTY: 10800-787-3224 www.thehotline.org	National domestic violence hotline offering counseling, referral, shelter, etc.
<u>Safelink (Massachusetts hotline)</u>	1-877-785-2020 TTY 1-877-521-2601 www.casamyrna.org	Massachusetts domestic violence hotline offering counseling, referral, shelter, etc.
<u>RED CROSS</u>	1-800-564-1234 24/7 508-505-3700 Central Mass office	Disaster relief such as in the case of home fires, hurricane/storm damage, blizzards, floods, offers recovery assistance.
<u>Mass 2-1-1</u> Online resource	Call 2-1-1 www.mass211.org	Cold weather emergency such as no heat
<u>Residential Assistance for Families in Transition (RAFT)</u>	1-800-224-5124 www.massresources.org/raft	Financial Assistance for families in crisis to help them keep their home or find another they can afford.