



Senior Times

The Voice of the Hubbardston

November 2023

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As we enter the holiday season, we decided to ask members of our Senior community what they were grateful and thankful for.

- I'm grateful for being alive.
- I'm thankful for my family.
- I'm grateful for my friends.
- I'm appreciative for good health.
- I'm thankful for the nature that surrounds me.
- I'm grateful for my walking buddy.
- I'm grateful that my husband and son are on the mend.
I'm grateful for my 10 grandchildren and 7 great-grandchildren.
- I'm thankful for my son because with his help I am able to stay in my home as I would not be able to handle the house myself.
- I am thankful for my wife.
- I am grateful for my friends and the comradery.
- I'm thankful for the breath that God gave me.
- I'm thankful for the leaves in fall and for all the things I still can do.
- I'm Glad I have my sister. She does a lot for me.
- I'm grateful for the friends I've made at the Senior Center.

**2nd quarter taxes due
November 1st.**

Open Sewing Circle

Monday 9-2 pm

Under Library

November 6th and 20th

Bring your sewing machine and project you're working on. All Welcome Call Cindy for more information 978-928-5526.

Hubbardston Swingin' Singin' Seniors

We're gearing up for our Christmas Concerts. Do you like to sing? Come join us every Tuesday at 1:30 p.m. to raise your voice.



TOWN ADMINISTRATOR'S REPORT

Check out the new Town Administrator's Report! It's posted just before the Selectboard meeting. Go to the Town Website and click on the Town Administrator and go to his report on the upper left side of the page.

Artisan Group



All Artists and media are welcome. It's an open forum to create your art and share your knowledge or just meet up with other artist and share your stories. 9-11 a.m. on Fridays. Call Cindy at the Senior Center 978-928-1400 x211.

Be sure to vote!

November 7, 2023

**Polls at the Center
School Gym**

Open 7 am -- 8pm

Senior Work Off Applications

Applications will be available October 10th.
This program is income eligible.

Hubbardston BOH & Mass Public Health Network
Vaccine Clinic

Thursday November 2, 2023

5-7:30 p.m.

Covid & Flu Shots

Hubbardston Center School Gym

Bring Insurance Information

Thank you GFA for sponsoring our newsletter.

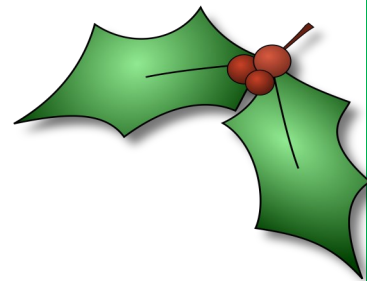


OLD FASHION COUNTRY CHRISTMAS FAIR

"PLEASE HELP SPREAD THE WORD!"

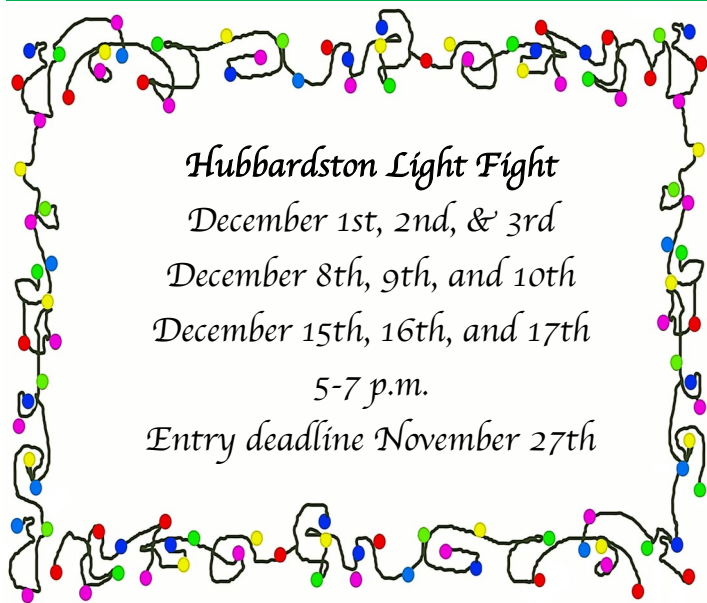
SATURDAY, DECEMBER 2, 2023

9:00 A.M. — 3:00 P.M.



LOVELY HANDMADE GIFTS, RAFFLES, CHINESE AUCTION, LOTTERY TREE, HOME MADE BAKED GOODS, A VARIETY OF SOUPS AND HOMEMADE BREADS. YOU MAY TAKE HOME OR EAT IN!

VISIT AND TAKE PICTURES WITH MR. & MRS. CLAUS FROM
10:00 A.M.—2:00 P.M.



Hubbardston Light Fight
December 1st, 2nd, & 3rd
December 8th, 9th, and 10th
December 15th, 16th, and 17th
5-7 p.m.
Entry deadline November 27th

COP Community Outreach Program

Monetary & Toy Donations for Christmas

To benefit those less fortunate in Hubbardston
All toy donations are being collected by
the Hubbardston Police Department's
Community Outreach Program

All toys should be new in the packaging and unwrapped

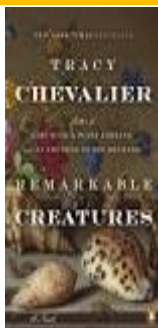
Monetary donations can be sent to:

Hubbardston Police Department, 7 Main
Street, Unit 9; Hubbardston, MA 01452

Questions – hubbardston250@gmail.com

Book Club

November's book is *Remarkable Creatures* by Tracy Chevalier. Our next meeting is November 29th. Would you like to join us for stimulating discussion? Call the Library to get the book at 978-928-4775 and join us for lively conversation.



Dogs on the Loose!!

E	S	E	U	B	S	H	I	B	A	I	N	U	O
A	S	N	B	N	I	R	O	D	A	R	B	A	L
W	W	R	G	O	A	W	L	G	N	O	R	I	A
O	A	E	E	O	N	L	U	E	C	R	O	N	T
L	U	J	P	X	P	I	O	L	A	E	T	P	H
E	H	I	O	B	O	G	G	I	H	N	T	A	X
L	A	X	P	N	A	B	N	B	A	O	W	P	P
G	U	G	G	O	A	X	G	T	E	P	E	I	I
A	H	I	I	H	A	W	R	L	D	P	I	L	C
E	I	G	L	P	O	O	D	L	E	P	L	L	B
B	H	R	A	C	I	O	B	E	G	U	E	O	T
A	C	O	P	A	P	U	G	E	P	M	R	N	P
O	I	C	P	O	M	E	R	A	N	I	A	N	S
B	E	C	L	W	B	A	I	J	N	E	S	A	B

ROTTWEILER
 SHIBA INU
 BEAGLE
 PUG
 CORGI
 LABRADOR
 BOXER
 POODLE
 POMERANIAN
 CHIHUAHUA
 BASENJI
 PAPIILLON

Play this puzzle online at : <https://thewordsearch.com/puzzle/790103/>

TIME TO APPLY

Low-income Home Energy Assistance Fuel is expensive, and winter is long!

Acquiring fuel assistance required a lot of documentation, but the results are well worth the effort. We have just the person to help. Call the Senior Center at 978-928-1400 x211 to make an appointment with Pat Lamoureux. She can help with the paperwork.

Fuel Assistance—978-342-4520 (NEFWC); 978-342-9407 (Salvation Army);
877-563-4645 (Joe for Oil)

Health Insurance Reminder

SHINE

Open enrollment runs October 15 thru December 7th. Call Senior Center to make appt or to discuss your health insurance needs over the phone with the SHINE counselor. 978-928-1400 x211



Thursday's 10-noon
For more information call
Lauren Wright at 508-735-5264
Email: vet@hubbardstonma.us

TRANSPORTATION

Call or leave a message for Sharon at 207-710-1777 or 978-928-1400 x210. If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding weekends)

Please give her the following information:

- Time and location you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished
- A phone number where she can reach you

Medical Appointments: Available as needed

- Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after having any major medical procedures.

Shopping: Available as needed

- Anyone wanting to attend special event at the Senior Center, please call ahead. The van driver will give you a ride to the Senior Center and then back home free of charge.

Please remember the MART van will not be running when school is closed due to weather or holidays.



The Golden Age Group

A big THANK YOU to all the club members who baked up a storm for Field Day.

Our Boutique was held on October 6,7,8 and 9th. We appreciated your generous donations of gently used items and all the hard working volunteers. We couldn't have done it without you!

We enjoyed another wonderful lunch at Stars and Stripes Diner on October 20th.

Our Christmas Party has been booked at Williams' Restaurant for December 20th at noon. More information to follow in December's newsletter.

An open Invitation from

The Hubbardston Singin' Swingin' Seniors

Christmas Concert

Tuesday, December 5, 2023

2:00 p.m.

Refreshments served



Brunch with Santa

Saturday December 9th
10-noon
at Hubbardston Center
School cafe

Come join us for photo opportunities with Santa! Bring your kids or grandchildren and your camera to take as many pictures as you'd like with Santa!

\$10 donation per family for entrance, all proceeds goes towards Special Events Fund for this and future events.

Hubbardston COA & Best of Times Travel

Proudly Present:

Merry Country Christmas

December 6, 2023

Lake Pearl, Wrentham, MA

Cost \$119.00

For more information call Claudia at 978-1400 x211





Tree Lighting
November 26th
5 p.m.
On the Common

Come and participate in the annual lighting ceremony on the Common.

Hot Chocolate and singing will be provided

**The Friends of Hubbardston
Senior Center**

Thank you to all who helped at the Hubbardston Field Day. We appreciate all you have done!

Harvest Breakfast

November 12th
8:00—11:00 am
Hubbardston Rod & Gun

Williamsville Road
Sponsored by the Hubbardston Scholarship Committee



Hubbardston Historical Society

**Sunday, November 19th 12-3pm
Thanksgiving Farmers' Market
and Bake Sale**

Williamsville Chapel

One of our most popular events! Get farm fresh products for your holiday table. Baked goods, pies, bread, meats, cheeses, jams & jellies, vegetables and more.

Rosemary Roasted Sweet Potatoes with Honey Butter

Recipe by Alison Roman - Serves 8

3 lbs. sweet potatoes, scrubbed, unpeeled, sliced about 1/2" thick
4 sprigs rosemary
2 Tbsp. olive oil

2 Tbsp. unsalted butter
2 Tbsp. honey
Kosher salt and pepper
2 tsp. crushed red pepper flakes (optional)



Preheat oven to 425°. Toss sweet potatoes, rosemary and olive oil together on a baking sheet. Season with salt and pepper and roast, tossing once or twice, until potatoes are softened and browned, about 30 minutes. As soon as they come out of the oven, add butter, honey and pepper flakes and toss to coat.

Don't forget- We have puzzles—a great activity that stimulates those brain cells! Come to the Senior Center to see our collection and borrow one.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Coffee 9-11 am Wii-Bowling 9-11 am Golden Age 1 pm TAXES DUE	2 Eggs 9 am Coffee 9-11 am Cribbage 12:30 pm Flu Shots 5-7 pm	3 Artisan 9-11 am Pitch 6:30 pm	4
5	6 Coffee 9-11 am Wii-Bowling 9-11 am Sewing 9- 2 pm Bingo 12:30 pm	7 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm Vote 7am-8pm	8 Coffee 9-11 am Wii-Bowling 9-11 am Pitch Party 1:30 pm State Rep 9-9:45 am	9 Eggs 9 am Coffee 9-11 am Cribbage 12:30 pm	10 Closed	11
12 Harvest Breakfast	13 Coffee 9-11 am Wii-Bowling 9-11 am Bingo 12:30 pm	14 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm	15 Coffee 9-11 am Wii-Bowling 9-11 am Golden Age 1 pm	16 Eggs 9 am Coffee 9-11 am Cribbage 12:30 pm	17 Artisan 9-11 am Pitch 6:30 pm	18 Thanksgiving Dinner
19 Farmers Market	20 Coffee 9-11 am Wii-Bowling 9-11 am Sewing 9- 2 pm Bingo 12:30 pm	21 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm	22 Coffee 9-11 am Wii-Bowling 9-11 am Pitch Party 1:30 pm	23 Closed 	24 Artisan 9-11 am	25
26 Tree Lighting	27 Coffee 9-11 am Wii-Bowling 9-11 am Bingo 12:30 pm	28 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm	29 Coffee 9-11 am Wii-Bowling 9-11 am Book Club 11 am	30 Eggs 9 am Coffee 9-11 am Cribbage 12:30 pm		

HUBBARDSTON LIQUORS & FOOD MART

(978)-928-5038

We're glad to serve the Hubbardston community in God We Trust!

Keep wine, liquors, lottery and much more

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Thank! You!

Hubbardston Senior Center
7 Main Street Unit #3
Hubbardston, MA 01452



Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. It seeks to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourages them to pursue healthy, active, independent lives.

Meet Your Council On Aging Members

DIRECTOR

Claudia Provencal
978-928-1400 x211
Please leave a message.
Home: 978-928-5195
coa@hubbardstonma.us

CHAIR

Florence Pervier
SECRETARY/OUTREACH WORKER
Mary Ellen (Mel) Shaughnessy
TREASURER
Ken Horvath

MEMBERS

Nancy Afonso
Susan Breagy
William Lipka
Lorraine Michals
John Nason

Advisory Committee

John Nason

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